



Southern Maryland Women's Healthcare, P.A.

41680 Miss Bessie Drive, Suite 102 • Leonardtown, Maryland 20650

23127 Three Notch Road, Suite 104 • California, Maryland 20619

Phone: (301)997-1788 • Fax: (301)997-1790

www.smwomenshealth.com

Pregnancy Medication List

It is recommended that you take NO medication during the first trimester unless medically indicated.

Medication Name	1st Trimester 0-12 weeks	2nd Trimester 13-28 weeks	3rd Trimester 29-40 weeks
ANTACIDS/REFLUX/UPSET STOMACH			
Plain Maalox, Mylanta, Tums, Rolaids	Yes	Yes	Yes
Pepto-Bismol (bismuth subsalicylate)	No	No	No
Pepcid (famotidine)	Yes	Yes	Yes
Zantac (ranitidine)	Yes	Yes	Yes
Tagamet (cimetidine)	Yes	Yes	Yes
Aciphex Rx (rabeprazole)	Yes	Yes	Yes
Nexium Rx (lansoprazole)	Yes	Yes	Yes
Prevacid Rx (pantoprazole)	Yes	Yes	Yes
PriLOSEC (omeprazole)	Yes	Yes	Yes
Protonix Rx (pantoprazole)	Yes	Yes	Yes
ANTIBIOTICS (ALL RX)			
Amoxicillin, Ampicillin	Yes	Yes	Yes
Augmentin (amoxicillin +clavulanate)	Yes	Yes	Yes
Cipro (ciproflaxcin), Levaquin (levofloxacin)	No	No	No
Clindamycin	Yes	Yes	Yes
Doxycycline	No	No	No
Erythromycin	Yes	Yes	Yes
Keflex (cephalexin)	Yes	Yes	Yes
Macrobid, Macrodantin (nitrofurantoin)	With Doctor Approval	With Doctor Approval	With Doctor Approval
Metronidazole	Yes	Yes	Yes
Tetracycline	No	No	No
Zithromax (azithromycin)	Yes	Yes	Yes
ANTI-DEPRESSANTS			
Discuss w/ Provider---- NO Paxil (paroxetine)	No	No	No
ANTI-DIARRHEALS			
Imodium capsules (loperamide)	Yes	Yes	Yes
Kaopectate (bismuth subsalicylate)	No	No	No
ANTI-EMETICS/NAUSEA			
Unisom Sleep Tabs (doxylamine)	Yes	Yes	Yes
Kytril Rx (granisetron)	Yes	Yes	Yes
Phenergan Rx (promethazine)	Yes	Yes	Yes
Reglan Rx (metoclopramide)	Yes	Yes	Yes
Zofran Rx (ondansetron)	Yes	Yes	Yes
Diclegis Rx (doxylamine, pyridoxine)	Yes	Yes	Yes
ANTIFUNGALS/YEAST/BV			
Diflucan Rx (fluconazole)	Yes	Yes	Yes
Monistat 1-day (miconazole, ticonazole)	Yes	Yes	Yes
Monistat 3 or 7-day (miconazole)	Yes	Yes	Yes
ANTIHISTAMINES/ DECONGESTANTS/COUGH/COLD*			

Allegra Rx (fexofenadine)	No	No	No
Afrin nasal spray (oxymetazoline)	No	No	No
Benadryl (diphenhydramine)	Yes	Yes	Yes
Chlor-trimeton (chlorpheniramine)	Yes	Yes	Yes
Clarinet, Alavert (loratadine)	Yes	Yes	Yes
Cough Drops	Yes	Yes	Yes
Mucinex (guaifenesin)	Yes	Yes	Yes
Mucinex-D (guaifenesin+pseudoephedrine)	No	Yes	Yes
Phenylephrine	No	No	No
Robitussin Cough, Delsym (dextromethorphan)	Yes	Yes	Yes
Robitussin CF cough & cold (dextromethorphan+guaifenesin+phenylephrine)	No	No	No
Robitussin DM (dextromethorphan+guaifenesin)	Yes	Yes	Yes
Sudafed (pseudoephedrine)	No	Yes	Yes
Tamiflu	Yes	Yes	Yes
Zicam	Yes	Yes	Yes
Zyrtec (cetirizine)	Yes	Yes	Yes
ANTIVIRALS			
Famvir Rx (famcyclovir)	Yes	Yes	Yes
Valtrex Rx (valcyclovir)	Yes	Yes	Yes
Zovirax Rx (acyclovir)	Yes	Yes	Yes
LAXATIVES/STOOL SOFTENERS			
Citrucel (methylcellulose powder)	Yes	Yes	Yes
Colace (docusate sodium)	Yes	Yes	Yes
Dulcolax Tablets (bisacodyl)	No	No	No
Lactulose Rx	Yes	Yes	Yes
Milk of Magnesia	Yes	Yes	Yes
Miralax (PEG)	No	No	No
Senokat (senna)	No	No	No
HEMORRHOIDS			
Preparation H	Yes	Yes	Yes
Anusol	Yes	Yes	Yes
Witch Hazel	Yes	Yes	Yes
Tucks Pads	Yes	Yes	Yes
PAIN/FEVER			
Aleve (naproxen sodium)	No	Yes	No
Aspirin (81 mg)	Low Dose ONLY if RECOMMENDED	If Prescribed by a Doctor	
Tylenol (acetaminophen) including Extra Strength	Yes	Yes	Yes
Tylenol with codeine Rx	Recommended Dose ONLY		
TOPICAL CREAMS/ OINTMENTS			
Benadryl, hydrocortisone, caladryl	Yes	Yes	Yes
Retin A	No	No	No

*Any decongestants ending in PE contain phenylephrine should NOT be taken during pregnancy. Most decongestants ending in D contain pseudoephedrine which is okay to take in the 2nd and 3rd trimester. Be sure to check your active ingredients list on any medication.

Disclaimer: No medication is considered to be completely safe during pregnancy. These medications have been shown to be the safest and should only be taken as directed and when needed. During pregnancy, try to take medications with as little active ingredients as needed.